

Wrinkles, bags and dark circles oh my – the most effective solutions for your aging eye

By Jason C. McBean, MD

Your eyes can actually make you look more tired or older than you really are. The development of bags, dark circles, puffiness, lines and wrinkles often pre-maturely age the skin around your eyes. The eyes are a major focal point when communicating with others. Preventing or correcting pre-mature aging of the skin around the eyes can significantly impact the overall youthful appearance of the facial skin.

The 5 biggest eye problems: Bags, Crepey Skin, Crow’s feet, Dark Circles, Thin Lashes

Problem	What they are?		Solution	
Bags	<ul style="list-style-type: none"> Swollen, puffy pockets of fat Affect the area under the lower eyelids 		<ul style="list-style-type: none"> Blepharoplasty – surgical removal of the fat pad so the skin lays flat. Performed by plastic surgeon or oculoplastic surgeon 	
Crepey Skin	<ul style="list-style-type: none"> Loose skin that resembles crepe paper 		<ul style="list-style-type: none"> Antioxidant rich moisturizers Hyaluronic acid based emollients Pelleve laser Fractional CO2 laser resurfacing 	
Crow’s feet	<ul style="list-style-type: none"> Tiny lines that extend from the outer corner of the eyes Caused by squinting, laughing and smiling 		<ul style="list-style-type: none"> Botox Pelleve (radiofrequency laser) Fractional CO2 laser resurfacing 	
Dark	<ul style="list-style-type: none"> Dark 		<ul style="list-style-type: none"> Make-up 	

Circles	brown, blue or black rings that cover the area under the lower eyelids <ul style="list-style-type: none"> • Caused by thinning skin that allows the capillaries underneath to become more visible 		<ul style="list-style-type: none"> • Hyaluronic Acid based emollients • Replenix green tea based cream • Vitamin A based creams retinol, retrinal, Retin A • Laser treatment (Pelleve or Fractional CO2) • Injectable fillers such as Restylane 	
Thin lashes	Age or genetic related short thin eyelashes		<ul style="list-style-type: none"> • Latisse - FDA approved prescription medication that makes lashes thicker, darker and longer 	

Pelleve Laser

Treats

- Crepey skin of the lower eyelids and forehead
- Fine lines around your eyes
- Stimulates collagen reducing fine lines

Pleasant, comfortable treatment without redness, downtime or pain

- Feels similar warm stone massage
- 30 minute in-office treatment

How it works

- The Pellevé System delivers constant, gradual radiofrequency energy deeply into the skin
- Heat builds up where the skin and fat layer meet
- Heat modifies the collagen bundles leading to growth of new collagen
- The result: tighter, younger looking skin
- Six treatments once every 4 weeks

